
Rector's Sports Day

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2025

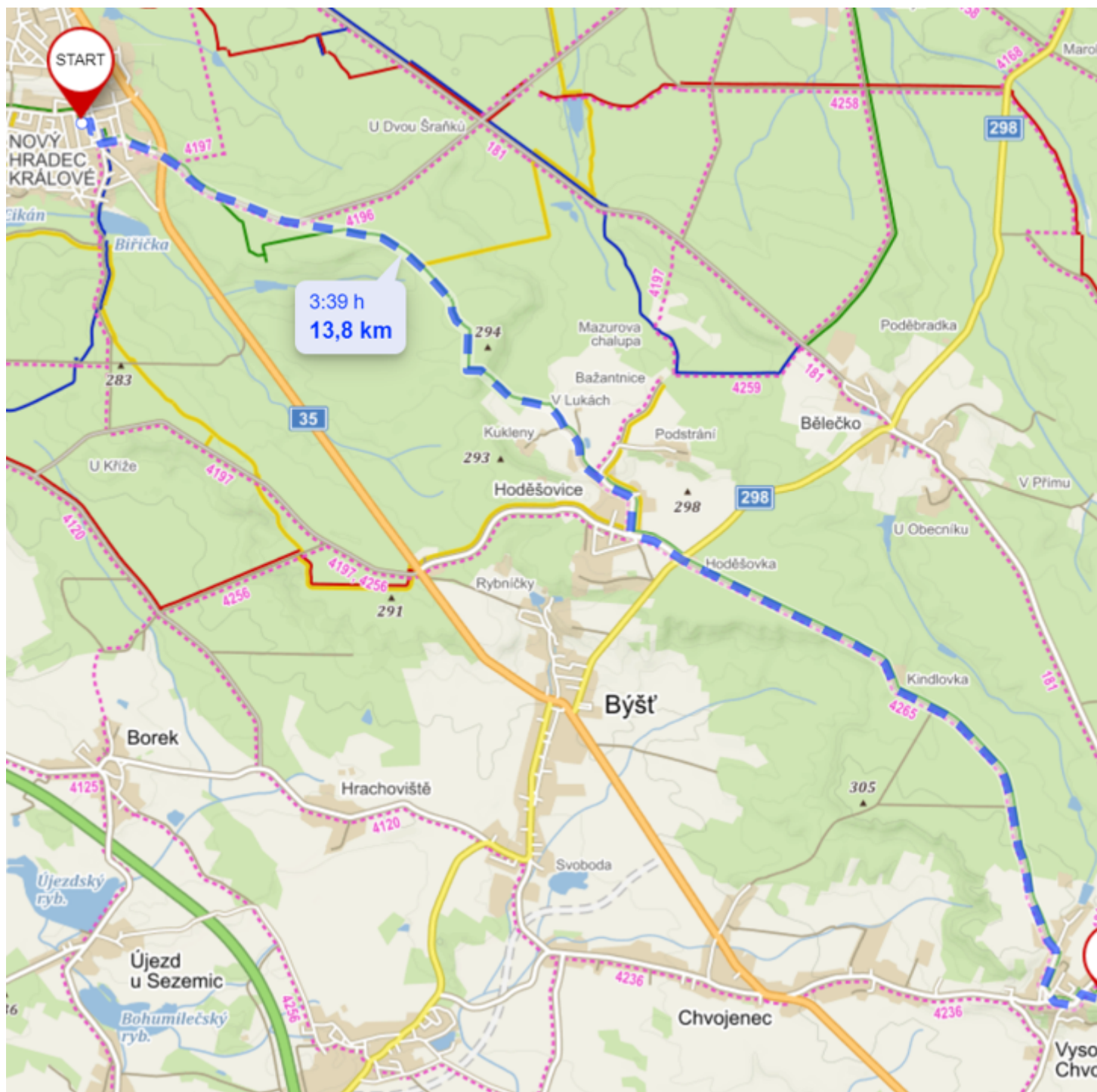
You are cordially invited to attend the Rector's Sports Day program on Tuesday, May 13, 2025, prepared by the Department of Physical Education and our faculty.

30th run/walk/bicycle trip to the countryside – Vysoké Chvojno

ANNIVERSARY 30th run/walk/bicycle trip to the countryside – Vysoké Chvojno will start Tuesday, May 13, 2025 at 9:00 a.m. at the trolleys No.1, 2 terminal in Nový Hradec Králové, walkers at 8:00 a.m.

Finish: Vysoké Chvojno – restaurant Zámeček (open for us only at 10.00 a.m.) – 13.8 km

Route: see the map (green tourist pathway)



- runners will compete for the prize „Runner of LFHK 2024“
- return to Hradec Králové is possible with the bus at 12:56, or 14:56
- selection of meals from the menu: <https://www.penzion.lesnidruzstvo.cz/menus>

We go in any weather!!

You are cordially invited by pathological physiologists!

Golf - XXV. Rector Golf Tournament

The traditional Rector's Golf Tournament will take place at the golf course "Roudnička", presentation at 7:30 am, start of the tournament at 8:00 am.

Send your entries to: byma@lfhk.cuni.cz

Note: golf eligibility HCP54 and lower

Programme of the Department of PE

This year you can also look forward to the programme prepared by the Department of PE. You can choose from a large number of activities, including aerobics, badminton pairs tournament, beach volleyball, in-line skating or scooter riding, disc golf, croquet, climbing, summer biathlon, netball, pétanque, ringo, squash, tennis, taeko or zumba.

More information on the programme can be found [here](#).

2024

The Rector's Sports Day took place on Tuesday 14 May 2024. The Department of Physical Education, in cooperation with colleagues from the Faculty of Pharmacy and Faculty of Medicine of Charles University in HK, prepared a varied sports programme. We expected the sunny summer weather to attract a large number of students and staff interested in exercise. Unfortunately, our expectations were not fulfilled. Thank you to everyone who came to play sports and enjoy a day of exercise and sunshine with us.

Running to Chvojno – XXIX. year

The traditional run to Vysoké Chvojno was attended by 35 students and staff, together they enjoyed a beautiful day.





Golf - XXIV. Rector Golf Tournament

Another year of the Rector Golf Tournament took place on the Roudnička course in Hradec Králové in beautiful weather. The tournament was attended by 12 golfers. The best man was Dominik Borský, the best woman was Prof. Jarmila Vinšová. For the first time since 2009, the "rest of the world" from the Faculty of Medicine in Hradec Kralove won the Traveling Cup against the Faculty of Pharmacy of Charles University.



Badminton pairs tournament

This year for the first time a pairs badminton tournament was held and enjoyed a large turnout. A total of 20 students from FaF UK and LF HK and two employees competed for the championship in two categories, INTERMEDIATE and ELITE. The winners in the intermediate category were Alžběta Rutarová and Matúš Slyško, second place went to Kateřina Müllerová and Tomáš Hulinský, and third place went to international students Navraj Kathuria and Ethan Fernandes.

Three pairs competed in the ELITE group. The victory was won by Adam Vohánka and Šimon Horák from LF HK, who in a thrilling match very narrowly defeated Korean students from FaF UK Min Juhung and Park Sangyoung. The third place went to the pair of employees of Assoc. Prof. Jakub Chlebek and Dr. Jaroslav Jenčo. I would like to thank all participants of the tournament for their excellent sports performance and great atmosphere.



Beach Volleyball Tournament

This year's beach volleyball tournament was held for the first time in the beautiful SPORTPARK Hit area. The sunny weather attracted a large number of participants from students and staff. A total of 16 two-person teams including 6 employees and 26 students from the Faculty of Medicine and the Faculty of Pharmacy of CU in HK took part in the tournament. The first place from the tournament went to the team "4 Balls" after a thrilling final, the second place went to the team "Last" and the third place was won by the team "Green Dump" in the small final.



Zumba, Aerobic, Taebo - marathon

As part of RSD 2024 and the Zumba, dance aerobics and taebo marathon, we gathered 13 people, 9 employees and 4 students in the gym at Zámostí. Together we enjoyed a perfect morning. For most, taebo was their first experience and after previous workouts it was already quite challenging, but they didn't let that discourage them and worked out to their full potential. At the end we drew and rewarded three lucky winners with valuable prizes.



Tennis Tournament

A tennis tournament was held at the Department of Physical Education with 6 participants. Ranking: 1. Šrámek, 2. Řezáčová, 3. Poul.



Scooters and skates - 20 km

At 15:00 the scooter and in-line skate race started at Lesní hřbitovy. The weather was more than perfect and therefore only one lap of about 11 km was ridden. Only two female students took part in the scooter race, they both finished with a time of 41:31. Six daredevils, including two teachers, came to try the in-line skate race. All those present were from the Faculty of Pharmacy. There were also two winners of the circuit with a time of 37:50.



Climbing

In this year's edition, climbing on the artificial wall at the HK Wall took place for the first time. 18 students participated in the climbing competition and all participants climbed to their hearts' content and some overcame themselves and their fear of heights. The highest scoring routes were climbed by Stefan Bechera who won. The second place was taken by Dominika Puchírová and the third place was taken by Lubomír Kolárský.



Ringo

A ring tournament took place in the Záměstí area. Two teams of students competed. The girls Bížová, Jánská and Vacková won.



Petanque

11 employees came to enjoy a beautiful morning with pétanque in the Záměstí area. The first prize went to Mrs. Pochopová, the silver medal went to Mrs. Faltusová and the bronze was shared by Mr. Šimek and Mr. Švec.



Other sports were not held due to low participation.

Thank you again to all participants of the Rector's Day and we look forward to seeing you in 2025!

Authors of text and photos: KTV, Prof. Kuba, Assoc. Prof. Býma

2023

On Wednesday 10 May 2023, in windy sunny weather, the Rector's Sports Day took place, during which the Faculty of Medicine in Hradec Králové and the Department of Physical Education prepared a fun active programme for students and staff. Participants could take part in a running race, go on a bike trip, work out together and also compete in tournaments in golf, floorball, futsal or beach volleyball. Some took home a symbolic award for their performance. Run/walk/bike ride to Chvojno - XXVIII.

The race started traditionally at Nový Hradec at 9:00 a.m., from where the runners went to the restaurant Zámeček in Vysoké Chvojno, where they could rest and strengthen themselves after the demanding sports performance. There was also a special prize "Runner of LF HK / FaF 2023" waiting for the best runner. The route was 13.8 kilometres long and nearly 30 students and employees of LF HK and FaF UK took part in it.

Running to Chvojno – XXVIII. year

The race started traditionally at Nový Hradec at 9:00 a.m., from where the runners went to the restaurant Zámeček in Vysoké Chvojno, where they could rest after the demanding sporting performance. The best runner there was awarded the special prize "Runner of LF HK / FaF 2023". The route was 13.8 kilometres long and nearly 30 students and employees of LF HK and FaF UK took part in it.



Bicycle trip to Kuks



The trip started at 9:30 in front of the Theoretical Institutes Building of the Faculty of Medicine, from where 8 cyclists set off along the Elbe River to the Kuks Hospital. A flat road in the middle of picturesque nature awaited them, which was only occasionally replaced by a few gentle hills. The destination of the trip was the Na sýpce pub, where all the participants had refreshments and then headed back to Hradec Králové.

Golf - XXIII. Rector Golf Tournament

The XXIII year of the Rector Golf Tournament took place at the Roudnička course in Hradec Králové and was attended by 13 golfers. In addition, 4 foreign students tried their hand at dressage. The best man was Prof. Vladimír Wsól from FaF UK, the best woman Prof. Lenka Borská from LF HK in Hradec Kralove and the best student Dominik Borský. The traveling cup as it has been the rule for many years won FaF against the rest of the world under the leadership of captain Prof. Petr Solich.



Other tournaments and exercises

During the Rector's Sports Day, everyone could take part in tournaments in beach volleyball, floorball, futsal, petanque or exercise together and stretch their whole body.





2022

On Wednesday, May 11, 2022, the Rector's Sports Day took place in beautiful sunny weather. The Department of Physical Education, in cooperation with colleagues from the Faculty of Medicine in Hradec Králové, has prepared a varied sports program. We thank all the staff and students for participating, together we enjoyed a great sports morning and we look forward to seeing you in a year!

Read short reports from individual sports and other activities of the Rector's Day.

Golf - XXII. Rector's Golf Tournament

9 golfers took part in the Rector's Golf Tournament. The winner of the women's tournament was Prof. Jarmila Vinsova, and among the men Prof. Petr Solich, both from the Faculty of Pharmacy. The traveling cup of the Rector's Golf Tournament was won by the team of the Faculty of Pharmacy consisting of Prof. Petr Solich, Prof. Jarmila Vinsova, and Prof. Vladimir Wsol. Congratulations!



Running to Chvojno – XXVII. year

Beautiful weather, great mood and great performances, such was this year of already traditional running race to Vysoké Chvojno, organized by the popular Prof. Miroslav Kubou from the Faculty of Medicine. Over 50 runners measured their strength on the 14 km long track from Hradec Králové to Vysoké Chvojno. The winner was David Řehák from the Faculty of Medicine, Jan Kollár from the Department of Pharmaceutical Chemistry and Pharmaceutical Analysis finished in 2nd

place, and Daniel Barták from the Faculty of Medicine won bronze. The winner was rewarded with a medal and a cup that will remind him of a great performance. However, many participants ran only for the joy of completion. Managing the challenging track to the end was a reward itself and a confirmation that they still have it. Congratulations to all for great performances.



Beach volleyball

Sunny weather, great atmosphere and traditional winner. This year, we welcomed 16 players from among students and staff of the Charles University. As in previous tournaments, the head of neurology, Prof. Martin Vališ with his partner won the show. Only one team managed to win one set over Prof. Vališ's team. There were 20 close matches played and teams were balanced, thus the exchanges on the field were very exciting.



Floorball

The floorball competition was attended by 12 students, who were divided into two teams of six players. The match was played 3x15 minutes with three players in the field. The atmosphere of the match was exciting and all participants gave in everything. The match took place in a friendly atmosphere, which did not detract the pace of the game. The winning team was the one around captain Lucie Rusková. Congratulations to the winners.



Petanque

The petanque tournament turned into a purely girls' competition. There was no shortage of twists and exciting moments, and the winners of a balanced duel were decided only after a two-hour fierce fight. Congratulations to the winners.

Football tennis

A total of 12 athletes took part in the football tennis tournament and each team consisted of 3 players. After very even fights, the team consisting of Bezouška, Čepová, Matoušek and the team consisting of Vavro, Rusková, Zelinka reached the finals. After a duel full of twists and turns, a team of employees of the Faculty of Pharmacy consisting of Bezouška, Matoušek and pharmacy student Michaela Čepová eventually won the tournament.

Ringo

Four teams competed in Ringo and fought for the victory on Rector's Sports Day. After even fights, the team led by captain Dr. Jiří Demuth rejoiced in the victory.



Taebo, Bodyform, Zumba

About 40 participants were welcomed by our instructors from the Department of Physical Education at a non-traditional cardio marathon. The morning exercise started with Mgr. Bezoušková's Taebo class, followed by Bodyform with Mgr. Szakošová focused on body shaping and everything was topped off by Mgr. Němec and his dancing Zumba. For some, this was their first experience with these exercise programs, but many of the regular participants also attended. Everyone gave in everything with enthusiasm, and although there was no fight for a medal, but to endure a very demanding exercise, the commitment of everyone was really great. We thank all employees, especially from the Study Department, and students for their participation. We appreciate it and look forward to seeing you in a year! Congratulations to all who endured.



Croquet

The croquet tournament was exciting until the very end, two pairs fought for the primacy and in a close game students Rozálie Bártová and Ondřej Hejzlar won a victory leaving Veronika Kubečková and Tereza Poděbradská just behind. We thank all for their participation and look forward to the next year!



The best „bábovka“ competition

We were pleased that at least one participant took part in the competition for the best „bábovka“. Jana Šimková from the Department of Pharmacology and Toxicology, brought an excellent cake and off course she won. Thank you, we all enjoyed it very much!



Conquering of Mephared

This year's conquering took place on the premises of the Faculty of Pharmacy. Participants had the opportunity to measure their strengths in non-traditional, mostly teambuilding disciplines. It is unbelievable that the winners of this year were students of the Faculty of Science, Charles University in Prague, who had to orient themselves very quickly in the unknown premises of the faculty. They deciphered the complex hints most quickly, which led them to the well-deserved victory and the title "Conqueror of Mephared."

Another cross-country team, the Prague team from the Faculty of Mathematics and Physics, Charles University, did not do badly either, although they did not reach the podium, they fought to the very end. We believe that both employees and students enjoyed this event and we will be happy to welcome everyone again next year.



Kinball, Volleyball, Streetball - unfortunately, these sports could not be played for low participation.

Text: Department of Physical Education (KTV)

Photo: KTV archive